

# No Worries

We know that starting secondary school can be a scary time, but we want to reassure you that you don't need to be worried. See what our Assistant Principal Miss Underhill has to say to each of the most common worries, and hear for yourself what last year's Y7's have to say about it. Everyone will be nervous, but you don't need to be!

## Is Trinity Academy Bradford really strict?

This is often the thing that Y6s are the most scared about. See below for what some of last year's Y7s had to say about it at the end of the first 4 weeks at Trinity. We do have strict rules at Trinity, but they're important, because good behaviour means that everyone can enjoy school, enjoy their lessons and enjoy learning. Our rules are really clear.

Although TAB is quite strict, if you do your homework and be a good student overall you will be rewarded

It isn't very strict and the teachers are nice and supportive

The school isn't strict, you need to follow the rules so you don't get a detention

When you get to know the teachers they aren't strict and you can have a laugh and enjoy your time at school



## The Academy is so big - I'm going to get lost all the time!

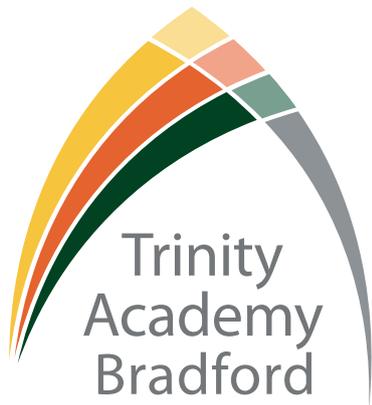
Yes, our Academy is big, but it is really easy to find your way around. The room numbers tell you what floor you need to be on. Also, all of the older students and teachers will help you out and point you in the right direction at first! See below for what last year's Y7s had to say.

Older year groups will help you out if you ask!

There are signs on each floor letting you know which room numbers are on that floor

You can ask the teachers for help if you get lost

It's really easy once you know where the classroom are and the teachers are always ready



## What if I don't make any friends? I don't know anyone going? I'm worried that I'm going to be lonely.

We can promise you that you won't be the only one worried about this. We make sure that we plan your first few days, weeks and months at Trinity to make sure there are lots of opportunities to mix with other people and to make friends. Clubs, trips and activities are all great chances to get chatting with people. You do sometimes need to be a bit brave and talk to someone you've not met before, but before you know it, you'll be friends. I guarantee everyone is feeling as nervous as you about it. See what last year's Y7s had to say about making friends, and taking good opportunities at Trinity below.

Talk to people from the start, they might be in the same position as you

Speak to someone and just say hello, they may not have mates either

At after school clubs you will find someone you have something in common with