

Curriculum for Life

'Preparing us for life beyond Trinity'

Healthy	Health and	Living in the Wider
Relationships	Wellbeing	World

Year 11

Term 3 – How do I keep myself safe in relationships?

Name:	
C4L Teacher(s): _	
Classroom:	

<u>Term 3 – Knowledge Organiser</u>		
How do I keep myself safe in relationships?	Key words:	
 A UK survey found that people between the age of 10 – 73 have experienced stalking. The victims were both men and 	Stalking	The crime of stalking can be simply described as the unwanted pursuit of another person.
 women and all had different backgrounds. Examples of stalking include following a person, appearing at a person's home or place of business, making harassing phone calls, leaving written messages, 	Harassment	If someone is abusing, insulting, or otherwise harming you on a regular basis, it's called harassment. Harassment is a word that describes any kind of ongoing torment.
 or vandalising a person's property. Some examples of exploitation young adults may experience are sexual, labour and domestic. Forced marriage is illegal in the UK and is punishable by a prison sentence of up to 7 years. Marriage is no longer allowed in the UK 	Marriage	The legal union of two people.
	Forced Marriage	When one or both people do not consent to the marriage.
	Coercion	The action of persuading someone to do something by using force or threats.
for anyone under the age of 18, regardless of consent, due to the Marriage and Civil Partnership Act 2022 which came into force in February 2023.	Exploitation	Treating someone unfairly to benefit from them.

Title: What is harassment and stalking?

Connect – Guess the statistics on harassment and stalking				
Crime Survey of England and Wales shows up to women are stalked each year.		% of victims have curtailed or stopped work due to stalking.	Victims do not tend to report to the police until the th incident.	
Key words				
		Carro Stalking		

Activity 1		
Stalking offline	Stalking online	

Activity 2

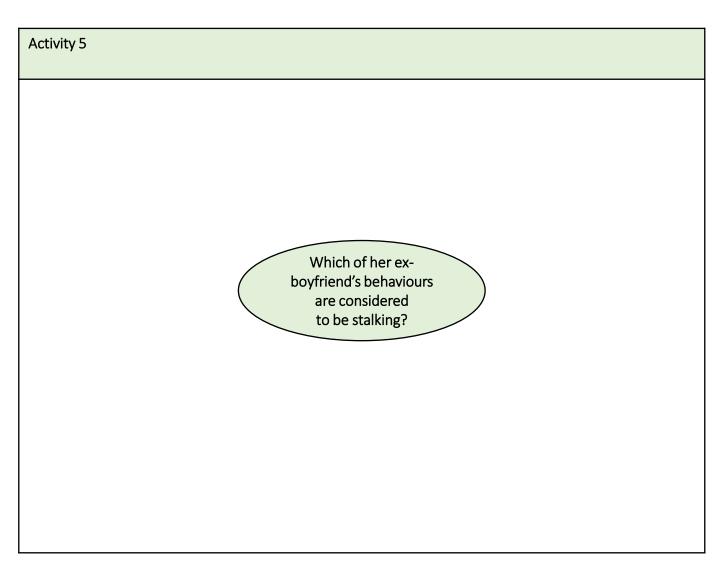
1. What are the consequences for the victim, even after the stalking has stopped?

2. How are laws changing?

3. The CEO of the trust described this as 'an additional tool'. What other measures do you think already existed?

Title: What is harassment and stalking?

Activity 3 – Redefine the key terms			
An informal harassment warning	Prison sentence		



Connect

Activity 1

Activity 1			
Statement	True or False?	Correct?	Purple Pen: notes and corrections
A person can only get married or form a civil partnership in the UK if they are 18 or over.			
If an engagement is broken, a woman can keep the engagement ring.			
The only way to get married is in a religious ceremony.			
'Common law' partners (couples who live together) have the same legal rights to married couples.			
In England and Wales, 28 days notice must be given to the Register Office before the marriage or civil partnership can take place.			
A public ceremony is compulsory for a marriage or civil partnership to be legal.			
If a couple wanted to, they could get married in a hot air balloon.			

Title: What are the Laws around Marriage?

Activity 2

1. How is an arranged marriage different from a forced marriage?

2. What kind of things might be decided for you in a forced marriage?

3. What is the law surrounding forced marriage?

4. What charity offers support for those in this situation?

Activity 3

Forced Marriage	Arranged Marriage

Title: <u>How do I access different medical services?</u>

Connect		
Scenario	What would your next steps be?	Service needed
Yesterday you started with a high temperature and a fever. You've woken up this morning and your temperature hasn't decreased. Alongside this, you find that you have little energy.		
You are at home in your kitchen and something green and shiny catches your eye – an apple. You hungrily glide over to the fruit bowl, pick up the apple and go to take a firm bite into its gleaming exterior. However, as you bite into it a searing, sharp pain shoots through your teeth and up into your gums.		
It's a beautiful sunny day and you are playing football in goal. After 5 minutes of playing, one of the opposition players races through on your goal with the ball at his feet. He takes a powerful shot and you save it brilliantly. However, as the ball strikes your outstretched hand you feel a sharp, shooting pain in your wrist followed by a constant throbbing.		
You and your partner are considering having sex for the first time. You've discussed it with each other and have agreed that the time feels right. However, you still have lots of questions and want to speak to a specialist to have them answered.		
You've noticed that you always get headaches after reading books, newspapers or working on the computer. These headaches appear to be getting worse as time goes on.		
You have had a recent bereavement and are finding it difficult to come to terms with it. There are periods when you feel okay and think that you are coping well. However, there are many other occasions when you feel so down that you find it a struggle to get out of bed.		

Title: <u>How do I access different medical services?</u>

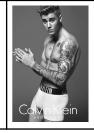
Activity 2	
Scenario	Which service do I require? How do I contact them?
I think I've broken my leg.	
The condom ripped when we had sex.	
I'm so unhappy, I don't think I can go on like this.	
I'm struggling to see the board in class.	
My throat is really sore and I'm losing my voice.	
I have really bad toothache.	

Title: What are the risks of cosmetic and aesthetic body alterations?

Connect







Activity 2

1. What procedures do they undertake?

2. Why do they do it?

3. What might the dangers be?

4. What opinions might others form of them?

Title: What are the risks of cosmetic and aesthetic body alterations?

Activity 3				
Question	My answer	Purple pen corrections		
1. Does this class as body enhancements?				
2. Do people judge those who have tattoos or piercings?				
3. What do you think are the cost implications?				

Activity 4		
1. Do you think it's worth the risk? Why? Why not?	Two New York women and an Alabama beacher die within weeks of each other after visiting the same Dominican Republic plastic surgeon for cheap orocedures Alexandra Medina died after having liposuction at a clinic in the Dominican Republic on July 4 Medina is the third American since June that has died after going under the knife with Dr. Felix Almanzar Sharlim Almanzar Paulino was another alleged patient of Dr. Almanar, no relation, who died five days following a plastic surgery June 20 Alabama high school teacher, Alicia Renette Williams, had surgery June 2 and passed away five days after she suffered blood clots The Dominican Republic was named in March 2019 as the most dangerous place	
2. Should cost be considered when undergoing procedures?	to have surgery	
	Two women from America, aged 23, travelled to the	
	Dominican Republic to undergo liposculpture – a procedure during which excess fat removed from the stomach or back is	
	injected into the buttocks.	
	One woman never woke up from her surgery because she	
	 died of an embolism (where an artery becomes obstructed by a blood clot or an air bubble) during her procedure. The price was \$3500. The price in America was \$5500. 	

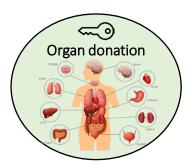
Title: What are my options when it comes to blood, organ and stem cell donation?

Connect	
1. What do you know about blood donation?	
2. What does 'donor' mean?	
3. What might Stem Cell donation be?	
4. How do you become an organ donor?	

Activity	1
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	
Step 8	
Step 9	
Step 10	

Title: What are my options when it comes to blood, organ and stem cell donation?

Activity 2



Activity 3				
Example	What are the benefits of becoming a donor?	How does the receiver feel about a potential transplant?	How can a transplant affect the receiver's life?	