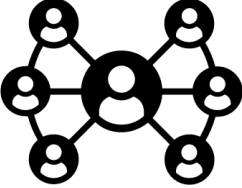






Curriculum for Life

'Preparing us for life beyond Trinity'

		
Healthy Relationships	Health and Wellbeing	Living in the Wider World

Year 9 - Term 3 –

How do I keep myself safe in intimate relationships?







Name: _____

C4L Teacher(s): _____

Classroom: _____



Curriculum for Life: Year 9 - Big Picture

Term 1: What is gang culture?  <p>Gang culture and knife crime is on the increase both locally in Halifax and nationally. This unit will focus on the study of gang culture and its prominence in society. You will consider the risks associated with joining a gang and the dangers of carrying a knife. It is important that you develop an understanding of how to keep yourself safe. This unit will also look at drug classification and the consequences of carrying, dealing and taking drugs.</p>	Term 2: How do I maintain positive healthy relationships?  <p>All family relationships are different. This unit will consider the characteristics of a family and recognises the diverse family types which exist. Unfortunately, not all relationships are positive or successful and this can lead to break-ups, separation or divorce. We will consider the implications of conflict within a family, including domestic violence and abuse. This unit will ensure you know how to manage conflict in the home and where to seek support.</p>	Term 3: What are my options for the future?  <p>Year 9 students will have the opportunity to choose another option subject to study in Years 10 and 11. This unit will help prepare you for making decisions about your future and explore the different options available. This will include apprenticeships, college, sixth form and university. In Year 9 students will visit a university to take part in a higher education experience day. We will also consider how the student loan system makes university affordable for all.</p>
Term 4: How does a democratic society work?  <p>It is important that we understand the inner workings of our society and how we can participate in the political process. This unit will consider the importance of democracy, the role of Parliament and the monarchy. We will also consider what part our criminal justice system plays in protecting our rights and liberties. You will reflect on how your actions can have a wider impact on society and the community in which you live.</p>	Term 5: How do I keep myself safe in an intimate relationship?  <p>Intimate relationships are complex. This unit will ensure that you have the knowledge to protect yourself if/when you choose to become sexually active. We will consider the law surrounding consent, the risks of an intimate relationship and how to reduce those risks. We will also delve into the importance of self-esteem and delaying sexual activity. You will be introduced to options available should pregnancy occur.</p>	Term 6: What systems are in place to keep society fair and just?  <p>It is important that we understand how our criminal justice system works. You will explore the very beginning of how a law is created, to how it is implemented in society and how people who break laws are treated. You will extend your knowledge of being a UK citizen to how this plays a role in the CJS. You will finish this unit by looking closely at youth offending and how young people are treated by the CJS in comparison to adults.</p>

Term 3 - Knowledge Organiser

How do I keep myself safe in intimate relationships?	Keywords	
<ul style="list-style-type: none"> Sexual activity is any activity that brings about pleasure and arousal to yourself and/or another. Intimacy can be achieved without having sexual activity. Having sexual activity with someone is just one of the many ways to be intimate with somebody. Consent is not as simple as yes or no. People can show physical signs of giving consent. Rape does not have to be violent, rape occurs when someone does not actively give consent. It is important to get regularly checked for STIs at a health clinic or using an at home testing kit. This is because many do not have symptoms and if not caught early can lead to more serious issues. Some methods of contraception do not protect against STIs, it is important to make an informed decision about the right method of contraception. Sending a sexual image of anyone under the age 	Sexual Activity	A system of government in which power is held by elected representatives.
	Intimacy	Close familiarity or friendship. It can be emotional or physical.
	Consent	To give permission for something to happen
	Capacity	Having the ability to understand information in order to make a decision.
	STI	Sexually Transmitted Infection passed through sexual activity.
	Genital	Relating to the reproductive organs.
	Contraception	Contraception is the deliberate prevention of conception (having a baby).

Websites to further information:

- Locala sexual health – <https://www.locala.org.uk/services/sexual-health/>

Title: What are my choices when it comes to intimate relationships?

Knowledge Recall	Self Assess
1. Define the term 'County Lines'. _____	
2. How is body image different to self esteem? _____ _____	
3. Define analgesic drugs. _____ _____	
3. In 2019, how many knife crime incidents were there? Answer:	

Keyword – Sexual Activity

How would you define sexual activity?

Use your purple pen to amend / add the correct definition

How does a person know if they are ready for sexual activity?

Add answers you missed in purple pen.

Title: What are my choices when it comes to intimate relationships?

Extension: What advice would you give to somebody who cannot tell if they are ready to participate in sexual activity with another?

Title: What is consent?

What does it mean to give consent?



Give two examples of when consent is needed:

-
-

Use your purple pen to amend / add the correct definition

The Law – annotate around the law

Someone consents only if s/he agrees by choice and has the freedom and capacity to make that choice. Consent to sexual activity may be given to one sort of sexual activity but not another, e.g. to vaginal but not anal sex or sex with a condom, but not without. Consent can be withdrawn at any time during sexual activity and each time activity occurs. (Section 74 Sexual Offences Act 2003)

CONSENT



Freely Given
Reversible
Informed
Enthusiastic
Specific

Planned Parenthood®

What is capacity? Answer in full sentences using examples of things that influence a persons capacity to consent.

Title: How do I have healthy conversations around consent?

Knowledge Recall	Self Assess
1. What does consent mean? _____ _____	
2. Give two examples of something you must give consent for: • •	
3. What is the difference between higher and further education? _____ _____	
4. What is joint enterprise? _____ _____	



Title: How do I have healthy conversations around consent?

Is consent being given?	Start of the lesson – do you think consent was given? Explain your answer	Going back to the scenario's – where would this fall on the consent continuum?
Scenario 1: Sabrina and Sam	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Scenario 2: Abi and Jo	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

Title: What are STIs ?

Types of STIs and their side effects.		
Name of STI	Symptom	Treatment
Chlamydia		
Gonorrhoea		
Genital Warts		
Genital Herpes		
Pubic Lice		
HIV		

Extension: What advice would you give to somebody who had recently had unprotected sex or intimacy? HINT: How could they check if they have an STI?

Title: How do I protect myself from STI's and pregnancy?

Knowledge Recall	Self Assess
1. Define the word 'intimacy' or 'intimate'. _____ _____	
2. Give three levels of consent from the consent scale: • • •	
3. What is an STI? _____	
3. What is the treatment for chlamydia? _____ _____	

Keywords	
Contraception	The deliberate prevention of conception (conceiving a child) through any means. Including drugs, techniques and devices.

For each form of contraception, place a tick or cross in the box.		
Contraception	Prevent pregnancy?	Prevent STI's?
Combined Pill		
Progestogen-only Pill		
IUD		
Diaphragms and caps		
Implant		
Condom		
Emergency Contraception		
Contraceptive Patch		

Support with STIs and free contraception	
Bradford Sexual Health Services. Or speak to the school nurse.	Website: https://www.locala.org.uk/services/sexual-health/under-18s Address: Howard House 2nd Floor 6 Bank Street Bradford BD1 1EE Phone Number: 030 3330 9500

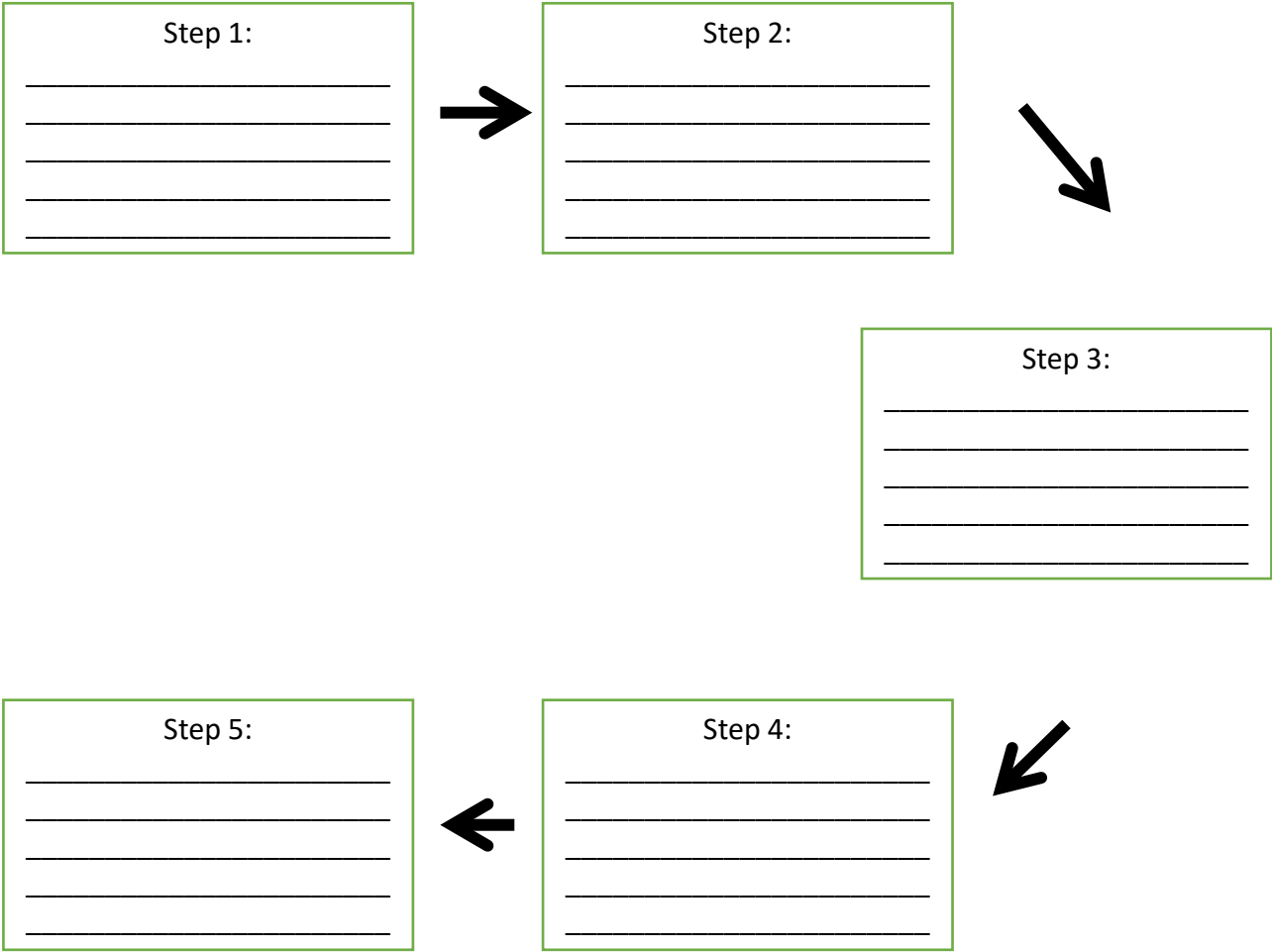
Title: How do I protect myself from STI's and pregnancy?

Knowledge Recall- Write if each statement is true or false.	True or False?	Self Assess
1. 1. All STIs have obvious symptoms.		
2. The contraceptive pill protects a woman from getting pregnant and from STIs.		
3.If a male pulls out before ejaculating then their partner cannot get pregnant.		
4. If a woman urinates after having sex it does not stop them from becoming pregnant.		
5. You can occur in other places on the body besides your genitals.		



Title: How do I protect myself from STI's and pregnancy?

Watch the video and list the 5 steps to properly apply a condom



When using a condom you should check for....	When using a condom you should not...
<div></div>	<div></div>
<div></div>	<div></div>
<div></div>	<div></div>
<div></div>	<div></div>
<div></div>	<div></div>

Title: How do I manage the risks of sending, sharing and passing on sexual images?

Knowledge Recall- Answer the Knowledge Recall Questions	Self Assess
1. What three things should you check for on a condom before using?	
2. What form of contraception protects you from pregnancy and STIs? _____	
3. Define consent _____	
4. True and False, you should use condoms more than once. _____	

The Law:	
“It is an offence to make, distribute, possess or show any indecent images of anyone aged under 18, even if the content was created with the consent of that young person, or by the young person themselves.”	<p>1. <u>What is the difference between the word distribute and possess?</u></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>2. <u>What does the following part of the law mean, ‘even if the content was created with the consent of that young person’?</u></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>

	Short Term Risks	Long Term Risks
Victim	_____ _____ _____ _____ _____	_____ _____ _____ _____ _____
Sender	_____ _____ _____ _____ _____	_____ _____ _____ _____ _____

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