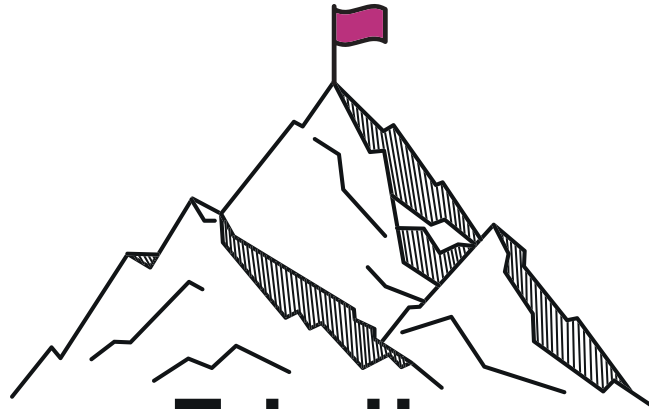




Trinity Challenge

Name: _____

Tutor Group: _____

Room: _____

Phase Leader Welcome



Trinity Challenge is an exceptional opportunity for all Year 9 students to participate in our co-curricular programme. This initiative builds upon our Graduation programme and aims to provide a diverse range of opportunities that will nurture your resilience as learners and ignite a thirst for knowledge and new experiences.

Trinity Challenge not only offers a platform for you to build your character but also promotes and supports your overall health and wellbeing. By taking part in this initiative, you will engage in projects that embody our Professional Standards, allowing you to develop important skills that will benefit you both in and out of the classroom.

Completing 20 challenges will earn you the prestigious Bronze Trinity Challenge Award, as well as recognition for the Skills section of your Duke of Edinburgh award. As you push yourself further, you can strive for the Silver Trinity Challenge Award upon completing 25 challenges and the esteemed Gold Trinity Challenge Award upon conquering 35 challenges.

Best wishes for a successful year - Mr Brown

Benefits for students taking part :



Have lots of fun!



Get healthier and happier!



Gain valuable skills!



Become more confident and independent!



Make memories that will last a life time!



Promote well-being!





How does Trinity Challenge 2025 work?

As an academy, we challenge our students to take part in the Trinity Challenge. This involves participation in a range of tasks from the following areas:

- The Arts, Culture and Performance
- STEM
- Earthshot
- Wellbeing and Aspirations
- The Community

In addition, these challenges have been put into four DofE categories to support tracking of students progress towards the DofE Bronze Award.

We will support students to achieve the Trinity Challenge award by providing opportunities within the academy through the Curriculum, Involve club opportunities and academy trips throughout Year 9. Other challenges require students to go the extra mile and complete tasks outside of the academy. This can be independently or with friends or family.

The evidence for completion of these challenges will be tracked and recorded by form tutors, the Admin team in the academy, through attendance at certain events or from students bringing in evidence of completing the tasks during Tutor Time. This evidence can also be emailed to form tutors in the form of a photo or video. Alternatively, students may just wish to describe how they completed the tasks and the new skills they have developed in doing so.

Students will be awarded the following rewards for completing the Trinity Challenges:

Trinity Challenge Award:	Awarded for completing:
Bronze	20 Trinity Challenges
Silver	25 Trinity Challenges
Gold	35 Trinity Challenges



**TC1: Achieve your Masters of Recall personalised target.**

You can complete this challenge by achieving your personalised target in any of your 3 Masters of Recall quizzes.

Evidence: tracked via admin.

**TC2: Awarded Masters of Recall Fab 50.**

You can complete this challenge by achieving Fab 50 in any of your 3 Masters of Recall quizzes.

Evidence: tracked via admin.

**TC3: Awarded Masters of Recall Top 20.**

You can complete this challenge by achieving Top 20 in any of your 3 Masters of Recall.

Evidence: tracked via admin.

**TC4: Write a thank you letter**

You will have the opportunity to write a thank you letter in your English lessons.

Evidence: The evidence will be tracked during your English lessons

**TC5: Read a chapter of a book outside of school**

You can complete this challenge by reading one chapter of any fiction or non-fiction book outside of school.

Evidence: The evidence will be tracked during your English lessons

**TC6: Write a book review**

You will have the opportunity to write a book review in your English lessons.

Evidence: The evidence will be tracked during your English lessons

**TC7: Take part in a maths weekly game**

You will have the opportunity to complete this challenge by taking part in the weekly maths game in your maths lessons.

Evidence: The evidence will be tracked during your maths lessons

**TC8: Take part in a maths week challenge**

You can complete this challenge by entering the maths puzzle of the week. You do not need to win, just enter!

Evidence: The evidence will be tracked during your maths lessons



TC9: Complete a sudoku in your own time

You can complete this challenge by completing a Sudoku of any level either online or on paper.

Evidence: The evidence will be tracked during your maths lessons



TC10: Research a famous scientist

During your science lessons you can complete this challenge by finding out more about a famous scientist.

Evidence: The evidence will be tracked during your science lessons



TC11: Complete a kitchen sink experiment

Your science teacher will show you how to complete a kitchen sink experiment at home to complete this challenge.

Evidence: The evidence will be tracked during your science lessons



TC12: Create a balloon rocket

You can complete this challenge by attending STEM club and making a balloon rocket.

Evidence: The evidence will be tracked during your science lessons



TC13: Write a letter to an MP

You will have the opportunity to write to our local MP in your RS lessons.

Evidence: The evidence will be tracked during your humanities lessons



TC14: Create a map of your wardrobe at home

At home, get your clothes out of your wardrobe and look at the label to find out where they come from. List all the countries your clothes come from.

Evidence: The evidence will be tracked during your humanities lessons



TC15: Plan your perfect trip around the world

Plan your perfect trip around the world. You can do this as a list or by drawing a route onto a world map.

Evidence: The evidence will be tracked during your humanities lessons



TC16: Visit a religious building, such as a church, mosque or temple

Visit any building of religious significance, this can be a temple, mosque, church or any other site of religious significance.

Evidence: The evidence will be tracked during your humanities lessons



TC17: Visit a National Trust or British Heritage Site (example - Shibden Mill)

Visit any building or site that is managed by either the National Trust or British Heritage.

Evidence: The evidence will be tracked during your humanities lessons



TC18: Create a blog

You will have an opportunity to complete this challenge as part of the IT curriculum.

Evidence: The evidence for this will be tracked via the IT registers.



TC19: Create a programme in Python

You will have an opportunity to complete this challenge as part of the IT curriculum.

Evidence: The evidence for this will be tracked via the IT registers.



TC20: Create a game graphic

You will have an opportunity to complete this challenge as part of the IT curriculum.

Evidence: The evidence for this will be tracked via the IT registers.



TC21: Run a mile

You will have the opportunity to complete this in your PE lessons or outside of school.

Evidence: The evidence will be tracked during your PE lessons



TC22: Learn basic first aid

You will have the opportunity to learn first aid as part of your PE course.

Evidence: The evidence will be tracked during your PE lessons



TC23: Represent an academy sports team

You will have the opportunity to complete this challenge by representing an academy team for any sport at any event.

Evidence: The evidence will be tracked during your PE lessons



TC24: Represent a community sports team

You can complete this challenge by playing for any community sports team outside of school.

Evidence: The evidence will be tracked during your PE lessons





T25: Make something out of upcycled products

You will have the opportunity to make something out of upcycled products as part of your D&P lessons.

Evidence: The evidence will be tracked during your D&P lessons



TC26: Make a birthday or greetings card

You will have the opportunity to make a seasonal greetings card as part of your D&P lessons or at home.

Evidence: The evidence will be tracked during your D&P lessons



TC27: Perform at a music, dance or drama event

You can complete this challenge by performing at any academy or community event.

Evidence: The evidence will be tracked during your D&P lessons



TC28: Take 3 nature photographs of your surroundings

Take 3 photographs of your surroundings, capturing nature to complete this challenge.

Evidence: The evidence will be tracked during your D&P lessons



TC29: Make something you can use at home

Make something you can use at home during your D&P lessons.

Evidence: The evidence will be tracked during your D&P lessons



TC30: Read a poem in a foreign language

You will complete this challenge by reading a poem in a foreign language during your MFL lessons.

Evidence: The evidence will be tracked during your MFL lessons



TC31: Say hello, goodbye and thank you in 3 languages

You will learn how to say hello, goodbye and thank you in 3 new languages as part of your MFL lessons.

Evidence: The evidence will be tracked during your MFL lessons



TC32: Say hello, goodbye and thank you in sign language

You will learn how to say hello, goodbye and thank you in sign language in your MFL lessons.

Evidence: The evidence will be tracked during your MFL lessons





TC33: Support a local food bank

Complete this challenge by making a donation of food, money or your time to a local food bank.

Evidence: The evidence will be tracked during Tutor time



TC34: Take part in a community litter pick

Support any of the community litter picks at the end of each term to complete this challenge.

Evidence: The evidence will be tracked during Tutor time



TC35: Perform to an audience

Perform to an audience at any event in the academy or community to complete this challenge.

Evidence: The evidence will be tracked during Tutor time



TC36: Change the bed

Change the bed sheets for your bed at home to complete this challenge.

Evidence: The evidence will be tracked during Tutor time



TC37: Sort out a load of washing

Do one full load of washing at home to complete this challenge.

Evidence: The evidence will be tracked during Tutor time



TC38: Iron a shirt

Iron a shirt with a collar to complete this challenge.

Evidence: The evidence will be tracked during Tutor time



TC39: Cook and eat a meal from another culture

Cook a meal from another culture to complete this challenge. This could be a curry, a stir fry, a pizza or any dish from a different culture.

Evidence: The evidence will be tracked during Tutor time



TC40: Switch to a more sustainable diet for a week

Eat a diet that is more sustainable by reducing the animal products you eat. Keep a diary to evidence this to your Form tutor.

Evidence: The evidence will be tracked during Tutor time



T41: Produce a weekly win diary

Record a win every day in your win diary and show your Form tutor to complete this challenge.

Evidence: The evidence will be tracked during Tutor time



TC42: Learn a magic trick

You will have an opportunity to learn a magic trick in your Tutor time lessons.

Evidence: The evidence will be tracked during Tutor time



TC43: Make a nature diary

Record the nature you see every day for a week in your nature diary to complete this challenge.

Evidence: The evidence will be tracked during Tutor time



TC44: Support an academy event

Support any academy event across the year, Open Evening, Parent's Evening, the school show or any other event.

Evidence: The evidence will be tracked during Tutor time



TC45: Bake something for someone else

Make any baked or cooked product for a friend or family member.

Evidence: The evidence will be tracked during Tutor time



TC46: Create an informative Tik Tok or video blog

Create an informative blog on Tik Tok on a subject of your choice.

Evidence: The evidence will be tracked during Tutor time



TC47: Support an academy or community charity event

Support an academy or community charity event, either by helping out or making a donation.

Evidence: The evidence will be tracked during Tutor time



TC48: Debate a current affairs topic

You will have the opportunity to debate a current affairs topic in Tutor time.

Evidence: The evidence will be tracked during Tutor time



TC49: Read a news article online

You will have the opportunity to read a news article in your Tutor time lessons.

Evidence: The evidence will be tracked during Tutor time



TC50: Complete an origami

You will have the opportunity to complete an Origami (paper folding) in Tutor time.

Evidence: The evidence will be tracked during Tutor time



Use the table below to mark off the challenges you have completed.

TC1	TC2	TC3	TC4	TC5
TC6	TC7	TC8	TC9	TC10
TC11	TC12	TC13	TC14	TC15
TC16	TC17	TC18	TC19	TC20
TC21	TC22	TC23	TC24	TC25
TC26	TC27	TC28	TC90	TC30
TC31	TC32	TC33	TC34	TC35
TC36	TC37	TC38	TC39	TC40
TC41	TC42	TC43	TC44	TC45
TC46	TC47	TC48	TC49	TC50



Reflection Example:

What your reflection could look like:

Which challenges have you completed this term?

4 and 14

Which challenges do you aim to complete next term?

38

What life skills have you learned from the challenges you have completed this term and how will these support you in your future steps?

How to write a letter

What a better reflection should look like:

Which challenges have you completed this term?

I have completed challenge 4 writing a thank you letter in English and challenge 14 map out your wardrobe at home.

Which challenges do you aim to complete next term?

Next term I want to complete challenge 38 iron a shirt, so I can help out at home.

What life skills have you learned from the challenges you have completed this term and how will these support you in your future steps?

The skills I have learned this term from the challenges I have completed is how to write a formal letter when I need to and how to make myself look smart when wearing a shirt.

Literacy checklist:

- Have you written in full sentences?
- Do all of your sentences start with a capital letter?
- Do all of your sentences end with full stops?



Reflection



How did these experiences help you learn something new, develop as an individual, prepare for life, or understand the world better?

Term 1

Which challenges have you completed this term?

Which challenges do you aim to complete next term?

What life skills have you learned from the challenges you have completed this term and how will these support you in your future steps?

Term 2

Which challenges have you completed this term?

Which challenges do you aim to complete next term?

What life skills have you learned from the challenges you have completed this term and how will these support you in your future steps?

Term 3

Which challenges have you completed this term?

Which challenges do you aim to complete next term?

What life skills have you learned from the challenges you have completed this term and how will these support you in your future steps?



How did these experiences help you learn something new, develop as an individual, prepare for life, or understand the world better?

Term 4

Which challenges have you completed this term?
.....
.....

Which challenges do you aim to complete next term?
.....
.....

What life skills have you learned from the challenges you have completed this term and how will these support you in your future steps?.....
.....

Term 5

Which challenges have you completed this term?
.....
.....

Which challenges do you aim to complete next term?
.....
.....

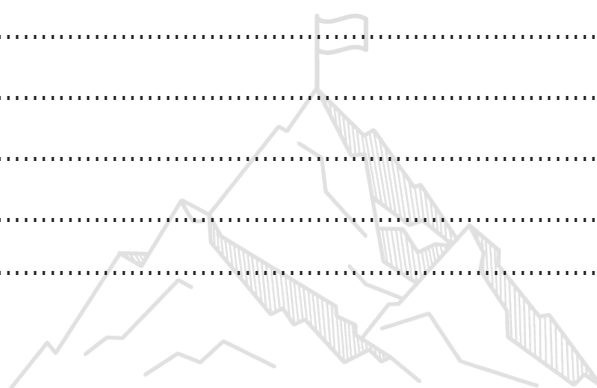
What life skills have you learned from the challenges you have completed this term and how will these support you in your future steps?.....
.....

Term 6

Which challenges have you completed this term?
.....
.....

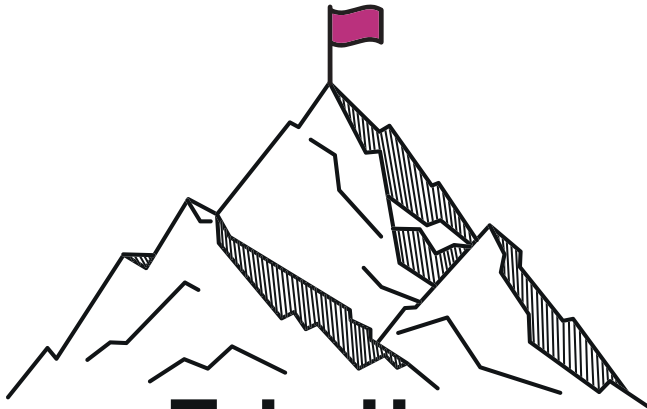
Which challenges do you aim to complete next term?
.....
.....

What life skills have you learned from the challenges you have completed this term and how will these support you in your future steps?.....
.....



Duke of Edinburgh





Trinity Challenge