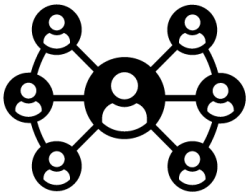
Curriculum for Life

'Preparing us for life beyond Trinity'

		
Healthy Relationships	Health and Wellbeing	Living in the Wider World

Year 11 Term 1 –
What are my rights in a relationship?

Name: _____

C4L Teacher(s): _____

Classroom: _____

Curriculum for Life: Year 11 - Big Picture

Term 1: What are my rights in a relationship?	**Term 2:** What are the challenges of having children?	**Term 3:** Accessing Health Services
In this unit you will focus on what are your individual rights in a relationship and what a healthy relationship can look like. This topic will support you in understanding what the signs of an unhealthy relationship can be, coercive control, harassment and marriage rights. You will also look at seeking support if you are in an unhealthy relationship.	This unit will focus on how to cope with an unwanted pregnancy, birth and miscarriage. This unit also dedicated time towards healthy behaviours before and during pregnancy. Unfortunately, having children is not straightforward for all couples so we will consider fertility treatments. We will also explore the impact of change, loss, grief and bereavement.	There are a wide range of health services which you can access to maintain positive health and wellbeing. We will explore how you can access and make appointments with doctors, dentists, opticians and sexual health clinics. We will also look at how vaccination can be beneficial for your health.

Term 4: How can I look after my personal health?	Useful local support links:
Cancer affects 1 in 3 people so we will look at how you can carry out self-examination to check for signs. We will consider the risks of cosmetic and aesthetic body alterations. We will investigate blood, organ and stem cell donation. Finally, we will look at how substance abuse can affect your physical and mental health.	ChildLine - www.childline.org.uk (0800 1111) NHS – www.nhs.co.uk UCAS – www.ucas.com Anxiety UK - www.anxietyuk.org.uk Trinity Academy Sixth Form - https://sixth.trinitymat.org/ Calderdale College - https://www.calderdale.ac.uk/

Term 1– Knowledge Organiser

How do I keep myself safe in relationships?

- A UK survey found that people between the age of 10 – 73 have experienced stalking. The victims were both men and women from a variety of different backgrounds.
- Examples of stalking include following a person, appearing at a person's home or place of business, making harassing phone calls, leaving written messages, or vandalising a person's property.
- Some examples of exploitation young adults may experience are sexual, labour and domestic.
- Forced marriage is illegal in the UK and is punishable by a prison sentence of up to 7 years.
- Marriage is no longer allowed in the UK for anyone under the age of 18, regardless of consent, due to the Marriage and Civil Partnership Act 2022 which came into force in February 2023.

Key words

Stalking	The crime of stalking can be simply described as the unwanted pursuit of another person.
Harassment	If someone is abusing, insulting, or otherwise harming you on a regular basis, it's called harassment. Harassment is a word that describes any kind of ongoing torment.
Marriage	The legal union of two people.
Forced Marriage	When one or both people do not consent to the marriage.
Coercion	The action of persuading someone to do something by using force or threats.
Exploitation	Treating someone unfairly to benefit from them.

Title: What are the signs of a healthy and unhealthy relationship?

Task: Complete your knowledge recall in the box below.

1. _____
2. _____
3. _____
4. _____

Task: Complete the mind map below during your Think-Pair-Share task.

What are the signs of a healthy partner relationship?

Task: Complete the mind map below during your Think-Pair-Share task.

What are the signs of an unhealthy partner relationship?

Task: Read the scenarios below and provide each person with a piece of advice.

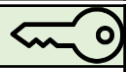
Jo and her girlfriend Sophia have been together for 12 months. Over the past 6 weeks, Sophia has started to become increasingly paranoid after she saw Jo speaking to another girl at lunch time. Sophia has started to question Jo whenever she doesn't respond to text messages quickly or says she's busy. At the weekend Sophia started to check through Jo's phone when she was at the toilet. Jo saw Sophia checking her phone but does not want to say anything as it will cause a big argument.	1. What are the concerning behaviours? _____ _____ _____ 2. What advice would you give Jo? _____ _____ _____ _____ _____
Usman and his partner, Zoya, have been together for three years. Usman's best friends have gone travelling for 6 months and now Usman is resentful whenever Zoya goes out with her friends, as he doesn't have close friends to go out with anymore. Usman has not spoken about how he feels but Zoya has noticed the change in his behaviour. Usman is very snappy with Zoya and makes snide comments about her going out with friends. He says things like 'you'd spend your time with me if you loved me'.	1. What are the concerning behaviours? _____ _____ _____ 2. What advice would you give Zoya? _____ _____ _____ _____ _____
Kay and George started off as friends, but their relationship has recently developed into a romantic one. George is a brilliant rugby player, but since starting his relationship with Kay, he has stopped going to training and matches as he wants to be with Kay. They spending **all** their free time together. Kay's dad has raised concerns as Kay never sees her friends anymore but replied saying she only wants to spend time with George. Both of their friends miss them and want to spend time with them.	1. What are the concerning behaviours? _____ _____ _____ 2. What advice would you give? _____ _____ _____

Title: What is coercive control?

Task: Complete your knowledge recall in the box below.

1. _____
2. _____
3. _____
4. _____

Task: What does the term 'coercive control' mean?



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Task: Complete the table below during your think, pair, share task.

What are the signs of coercive control?	What is the impact of coercive control?
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Task: What could you do to support someone who is experiencing coercive control?

_____

_____

_____

_____

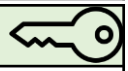
_____

Title: What is harassment and stalking?

Task: Complete your knowledge recall in the box below.

1. _____
2. _____
3. _____
4. _____

Task: What does the term 'harassment' mean?



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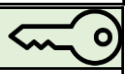
Task: What does the term 'stalking' mean?



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Task: Complete the mind map below during your Think-Pair-Share task.

What are the signs of stalking?

Task: Complete the mind map below during your Think-Pair-Share task.

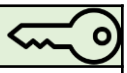
What is the impact of stalking and harassment?

Title: What are the laws around marriage?

Task: Complete your knowledge recall in the box below.

1. _____
2. _____
3. _____
4. _____

Task: Explain the difference between arranged marriage and forced marriage.



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Task: Read each statement below and decide if it true or false.

Statement	True or False	**Purple Pen:** notes and corrections
A person can only get married or form a civil partnership in the UK if they are 18 or over.		
If an engagement is broken, a woman can keep the engagement ring.		
The only way to get married is in a religious ceremony.		
'Common law' partners (couples who live together) have the same legal rights to married couples.		
In England and Wales, 28 days' notice must be given to the Register Office before the marriage or civil partnership can take place.		
A public ceremony is compulsory for a marriage or civil partnership to be legal.		
Couples can get married in hot air balloons.		

Title: Where can I seek support if I am in an unsafe relationship?

Task: Complete your knowledge recall in the box below.

1. _____
2. _____
3. _____
4. _____

Task: Complete the mind map below during your Think-Pair-Share task.

What are the signs of an unhealthy relationship?

Task: What the video and explain how each organisation helps survivors.

IDAS	_____ _____ _____ _____
ManKind	_____ _____ _____ _____
Woman's Aid	_____ _____ _____ _____

Title: What are my options if I get pregnant?

Task: Complete your knowledge recall in the box below.

1. _____
2. _____
   _____
3. _____

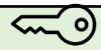
Task: What does the term 'abortion' mean? Write a definition in the space below.

_____
_____
_____
_____

Task: Watch the video and answer the questions below.

1. When is an early medical abortion carried out?	_____ _____
2. How many women have had an abortion?	_____ _____
3. True or False: It is your legal right to have an abortion.	_____ _____
4. What does an early medical abortion involve?	_____ _____
5. What does an early medical abortion not involve?	_____ _____

Task: What does the term 'adoption' mean? Write a definition in the space below.



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Task: Complete the true or false grid below. If the statement is false, you must write the corrected version in the space provided.

Statement	True or False?	Correction if false
1. If the father is not named on the birth certificate and you are not married, he does not have to be informed of the adoption.		
2. Adoption orders can be undone if the parent changes their mind.		
3. If you are under the age of 18, your parents can make the decision for you.		
4. After the baby is born, they will go straight to their new adoptive family or to a temporary foster home.		
5. You can change your mind about adoption after the baby has been placed with the adopters.		
6. You cannot have any contact with the adoptive parents once the adoption is finalised.		

Extra Space